

Instructions for use.

Honey, Glycerol and Lemon essential oil.

Please read this instruction for use carefully before using Husssh Cough Calming Cough Suspension. If you have any questions, ask your doctor or pharmacist.

Coughing is a normal physiological protective mechanism that is commonly associated with upper respiratory tract infections. Demulcent preparations such as Husssh Cough can provide symptomatic relief from coughing by soothing effect on the irritated mucosal membranes of the upper airways.

What is Husssh Cough and what is it used for?

Husssh Cough is a solution which contains honey, glycerol and lemon essential oil. Husssh Cough is used to relieve symptoms of coughing associated with upper respiratory infections. Honey and glycerol are demulcent substances that can provide lubrication and moisture on the surface of the throat mucosa and thereby soothe irritation and cough. Husssh Cough is designed as a pleasant tasting solution for easy administration.

Before you use Husssh Cough.

Do not use the product if you are allergic to any of the ingredients. Husssh Cough contains honey and should therefore not be used by children under the age of 1 year because of potential risk of infantile botulism.

No special precautions are needed when using the product for its intended purpose.

No information is available on the effect of glycerol taken during pregnancy and breast-feeding. Caution is therefore advised during pregnancy.

How to use Husssh Cough.

The product is suitable for children above 1 year of age and for adults.

The recommended dose is:

Children from 1 year: half a 5 ml spoonful (2.5 ml), 3 - 4 times a day.

Children from 5 to 12 years: 1 x 5 ml spoonful (5 ml), 3 - 4 times a day.

Adults and children over 12 years: 2 x 5 ml spoonful (10 ml), 3 - 4 times a day.

Over 65 years: There is no need for dosage adjustment in this age group.

If necessary, the product can be used as often as required, allow 3 to 4 hours between doses. The product should not be used for longer than 3 weeks.

The bottle is closed by a safety cap, to open it press down and twist, please see top of the cap. After use, wipe the neck of the bottle and make sure the safety cap is properly closed.

The contents should be used within 6 months after first opening.

For your safety.

Under normal conditions of use, as indicated, Husssh Cough is well tolerated. In case of large doses or excessive intake it may cause diarrhoea. If you have accidentally taken more Husssh Cough than you should, the following symptoms could rarely appear: mild reactions (insomnia, hyperactivity and nervousness), gastrointestinal symptoms (stomach ache, nausea and vomiting) and drowsiness.

In case of accidental contact with eyes, wash with plenty of water.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

How to store Husssh Cough.

Keep the product out of the reach and sight of children.

Do not use the product after the expiry date shown on the label of the product and on the outer packaging. Do not store above 30°C. Keep the bottle tightly closed. Shake lightly before use.

Further information.

Composition per 5 ml dose:

Honey 0.25 g, glycerol 0.75 g, lemon essential oil, liquid maltitol, sodium carboxymethylcellulose, citric acid, potassium sorbate, sucralose and purified water



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