

EMMA MARTIN

DIRECTOR TRAINER CONSULTANT

TRICOLOGY CASE STUDY 2

SALLY- FEMALE - AGED 66 - ASIAN - STRAIGHT HAIR

INITIAL FACTORS

- Scalp is dry
- Chemically treated with home dye semi permanent colour
- Not had covid as far as she's aware
- History of scalp/skin conditions in the family mother who also had thin hair
- Diagnosed with type 2 diabetes 16yrs ago
- Has been falling out over the 16 years noticeably thinner over 2 years
- Husbands been ill so high stress levels
- Mother and father sadly passed away in past 2 years
- Eats 3 x healthy meals per day
- Good sleeping pattern 9ish pm -5ish am (7hrs sleep)
- Doesn't seem to exercise much, as has no time
- 6 weeks ago blood tests confirmed via B12 deficient, prescribed B12 injections.

CURRENT COURSE OF ACTION

- CONFIDENTIAL

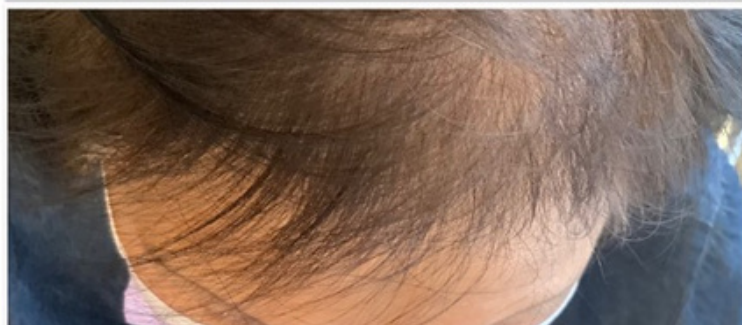
ADVISED COURSE OF ACTION

- Telogen effluvium
- Get out in the fresh air for 30mins once a day and do some light exercises such as a brisk to get the blood flowing as poor circulation is associated with diabetes
- HL Shampoo 2-3 times per week for minimum of 2-6 minutes allowing it to soak into the scalp review every 6 weeks.
- Salvia Officinalis Oil - improves circulation in the scalp.
- Cedrus Deodara Wood Oil - promotes regrowth, helps with irritability and eliminates dry and flaky scalp.
- Magnesium Nitrate - Enhances the regenerative capacity of the follicle and increases density.
- Niacinamide - improves blood circulation and the flow of nutrients to hair follicles.
- Phyllanthus Emblica Extract - follicle stimulant.
- Type 2 diabetes can interrupt the process of hair growth, is associated with an increased risk of severe central scalp hair loss in women thought to have a few possible causes, including hormonal imbalances, poor circulation due to hyperglycemia, or an autoimmune disorder.

12 APRIL 2022
START OF TREATMENT



2ND AUGUST 2022



14TH AUGUST 2022



CONCLUSIONS