EMMA MARTIN

DIRECTOR TRAINER CONSULTANT

TRICOLOGY CASE STUDY 3

NIC - AGE: 18 - WHITE BRITISH MALE - HAIR TYPE: WAVY

INITIAL FACTORS TO CONSIDER

- Originally from South Africa
- Works full time in a supermarket
- Noticed the hair thinning all over mainly when he hit puberty.
- Slightly oily scalp condition
- Skin type 2
- The hair line receding starting at 14 coinciding with puberty
- Not chemically treated
- Not had covid (to his knowledge)
- His father has MPB, started loosing his hair in his 20's, shaves it off now.
- Androgenetic classic M shape pattern
- Some miniaturization on the frontal and temporal areas
- The client feels its accelerated in the last 6months.
- Skin condition on face not good; black heads and signs of acne which could indicate oily skin which can clog up the hair follicles

CURRENT COURSE OF ACTION

- Monthly acne facials
- Has sort advice in a hair clinic in Harley street 6 months ago found this too expensive and impersonal
- Offered PRP but declined

ADVISED COURSE OF ACTION

- Try to establish a better sleeping pattern
- Use the HL Shampoo every day for 2-6 minutes
- Saw palmetto is DHT blocker which will reduce the amount of hair loss by keeping testosterone in the body, Tangerine Extract which will is a natural antiseptic which should help with the excess oil trapped in the follicles.

O B S E R V A T I O N S

PICTURES TAKEN 3RD OCTOBER 2022





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